



Robert Casteel, D.C.
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First Name: _____ Last Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Birthday: ___/___/___ Gender: Male Female Marital Status S / M / W / D
Phone Number: _____ Alternate Phone Number: _____
Employer: _____ Occupation: _____ Years at this job: _____
Name of spouse: _____ Children's name(s): _____
Email: _____

Referred by: Person _____ Doctor: _____ Google Other

I hereby authorize Casteel Family Chiropractic to release my records as needed for timely payment of my care. I also authorize third party payment directly to Casteel Family Chiropractic. I understand that I am personally responsible to pay for all services rendered regardless of any insurance coverage or determination. This includes services not covered by my policy as well as if I have no insurance policy. I verify that I am 18 years or older or this form is signed by my parent or legal guardian.

Name (printed): _____
Signature : _____ Date: _____

How may we help?

What is your primary health concern? _____

Symptom Frequency: Constant **OR** _____ times per day/week/month (circle one)

Duration of Symptoms: All the time **OR** _____ seconds/minutes/hours (circle one)

Is your pain: Dull Sharp Throbbing Aching Shooting Other _____

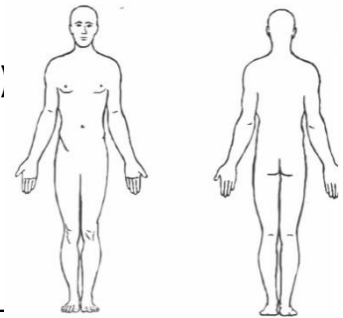
When did it start? _____

Mark symptom area with X's

How did it start? _____

What makes it worse? _____ Better? _____

Rate your pain (0 = no pain, 10= you feel like you may pass out due to pain)
(circle) 0 1 2 3 4 5 6 7 8 9 10



I feel **Better** in the: AM PM I Feel **Worse**: AM PM

Have you had this before? Yes No When? _____

Other care/treatment for this condition? _____

Goals for your care? Pain relief Restore function Healthier spine Overall wellness

Other comments: _____

Symptom 2 _____

Frequency: _____ Duration: _____

Is your pain: Dull Sharp Throbbing Aching Shooting Other _____

When did it start? _____ How did it start? _____

What makes it worse? _____ Better? _____

Rate your pain (0 = no pain, 10= you feel like you may pass out due to pain)

(circle) 0 1 2 3 4 5 6 7 8 9 10

I feel **Better** in the: AM PM Feel **Worse**: AM PM

Have you had this before? Yes No When? _____

Symptom 3 _____

Frequency: _____ Duration: _____

Is your pain: Dull Sharp Throbbing Aching Shooting Other _____

When did it start? _____ How did it start? _____

What makes it worse? _____ Better? _____

Rate your pain (0 = no pain, 10= you feel like you may pass out due to pain)

(circle) 0 1 2 3 4 5 6 7 8 9 10

I feel **Better** in the: AM PM Feel **Worse**: AM PM

Have you had this before? Yes No When? _____

Personal Medical History

Medications	Allergies	Spinal Injuries/Surgeries	Other Injuries/Surgeries
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Are you under the care of any other health care provider/Doctor? Yes NO

If Yes, for what conditions? _____

Name of your Medical doctor: _____ Location: _____

Review of Body Systems are you feeling: please circle

- Feverish, excessively fatigued or had a recent unexpected loss of weight? YES NO
- Persistent nausea, diarrhea, constipation, chronic abdominal pain or abnormal stool? YES NO
- Blurred/double vision, eye pain/discharge, failing vision, or light sensitivity? YES NO
- Ear pain/discharge, difficulty hearing/swallowing, frequent nose bleeds/sore throat? YES NO
- Chest pain, fainting spells, irregular heartbeat, shortness of breath, swollen ankles? YES NO
- Chronic cough or wheezing, coughing up blood, excessive phlegm? YES NO
- Painful/bloody/frequent/uncontrolled urination, unusual genital sores or discharge, Breast mass or tenderness, excessive menstrual flow or pain? YES NO
- Weakness, numbness, tingling, seizures, tremors/shaking or dizziness? YES NO
- Skin rash/itching/dryness, suspicious moles/patches or markings? YES NO

Additional comments: _____

Lifestyle/Wellness Information:

Diet/Nutrition:

Are you on any special diet? YES NO If yes, what diet and why? _____

How would you rate your eating habits? (10 = Great, 0 = Very Poor) 0 1 2 3 4 5 6 7 8 9 10

Vitamins/Supplements/Herbs

_____ How many 8 oz. glasses of water do you drink per day? _____
_____ How many caffeinated beverages do you drink per day? _____
_____ How many alcoholic beverages? ___/day ___/week ___/month
_____ Do you use tobacco Yes No What kind? _____

Occupation/Daily Activities/Exercise:

Briefly describe your daily **work** activities including time spent sitting and standing, computer use, description of physical labor and repetitive motions: _____

Briefly describe your daily activities at **home** on most days of the week: _____

I exercise ___ days/week Description of typical exercise _____

Other lifestyle/wellness comments: _____

It is the mission of Casteel Family Chiropractic to help people understand how lifestyle choices such as diet, exercise and stress management can be combined with specific chiropractic care to enhance overall health and well-being. Would you like to discuss your lifestyle choices and how these can be improved to reduce risk for illness and disease as well as optimizing overall health?

YES NO Maybe later * please understand that your doctor will likely discuss lifestyle factors to some degree even if you select "No" as they will impact recovery from your current condition.

I _____ hereby affirm that all information on this form is accurate and complete to the best of my knowledge. I have not intentionally falsified or misrepresented any of the information provided above, and if any of this information changes in the future I will inform Casteel Family Chiropractic. I am 18 years or older or the signature below is my parent's or legal guardian's.

Signature: _____ Date: ___/___/___

Relationship if minor: _____

"You can't go back and change the beginning, but you can start where you are and change the ending."
— C. S. Lewis